

A minimum of six treatments spaced at one month intervals with “top up” treatments recommended at 6 monthly intervals thereafter. This can vary from patient to patient. When collecting blood for serum extraction, it is recommended to collect blood in syringes of multiples of two or four (balances the centrifuge). Between 3.5–5.0 mls of serum may be obtained per 10 ml syringe—the yield is higher the more hydrated the patient. Making sure the patient knows to drink no less than 2–4 litres of water in to the 24 hours leading in to the harvest is critical.

- Ideally it is easier if the hair is short
- Prepare the area to be treated (just like you would the skin), clean the area to be treated. Apply topical anaesthetic for 30–45 mins, depending on the BLT strength you are using
- Remove topical anaesthetic with baby wipes or similar, be thorough to ensure all cream has been removed. The area to be treated should then be cleaned with Chlorhexidine, once dry, wipe the area to be treated with alcohol wipes
- 1st pass—Using a 30g needle, drizzle Factor4 on to the treated area, using the MDerma at 1.75mm, stamp with a 10% overlap from the top of the forehead to the crown of the head, once this complete, drizzle some more Factor4 on and apply a gentle massage
- 2nd pass—repeat the above but at 1.25mm, stamp with a 10% overlap from the top of the forehead to the crown of the head, once this complete, drizzle some more Factor4 on and apply a gentle massage
- And the 3rd pass at 0.75, this time cross hatching over the entire treated area
- Make sure you leave enough Factor4 in the syringe at the end so you can spend 5–10 mins massaging in the remaining Factor4
- Ask the patient to bring a clean hat to wear home
- They are not to wash the treated area for 12 hours, thereafter they can return to normal duties
- Repeat this monthly for 6 treatments
- Every 6 months do 1–3 treatments repeating the above, this will be dependant on each patient.